

Zoom events for older adults



Cambridgeshire Older People's Enterprise (COPE) has created an exciting programme of FREE participatory Zoom events for older adults, offering participants the opportunity to share conversation, creating and learning.

Tuesday 17 September • 11.30am – 12.30pm

One of many

A name in the National Archive



This exciting and informative online workshop will explore the life of a twentieth century woman, one of many who helped to make Britain proud. Who was she? What did she achieve and what happened to her? Find out as you play detective, unravelling clues in our one-hour workshop led by **Sara Griffiths** of the National Archives' Education and Outreach department.

The National Archives is the official archive and publisher for the UK Government, and for England and Wales. They are the guardians of over 1,000 years of iconic national documents, from Domesday Book to tweets from Downing Street and even the wills of some of Cambridgeshire's illustrious residents from the fifteenth century onwards!



Register by **13 September**

Wednesday 16 October • 1.15pm – 2.15pm

Tides of fortune

**The rise and fall of seaside resorts,
1750 to the present day (and their
possible resurgence!)**



‘Going to the seaside’ is still, for many people, an integral part of the British summer, but it was not always so. In this illustrated talk, **Tony Kirby** will explain how the idea of the seaside holiday emerged during the 18th century for the well-to-do (originally purely for health reasons) and then, thanks to steamships and railways, for most classes for sheer enjoyment during the Victorian era.

He will explore what resorts had to offer their visitors by 1914 and how the holiday trade transformed some old communities, such as Cromer and Great Yarmouth and led to new ones, such as Eastbourne. He will look at the important role played by advertising, especially between the wars, and how resorts were at the forefront in modern architecture during that period. There will also be time to touch on the problems they have faced since the 1960s.

Register by **11 October**

You may register by phoning COPE on **01223 364303** or by email at **copetalkingtogether@hotmail.com**

Please provide your name and email address and state which group you would like to join. You will be sent the Zoom link for the meeting.

Funded by South Cambridgeshire District Council and Care Together
Cambridgeshire County Council