

### Online workshops - now live for booking!

Dates for online workshops running from **October-December 2025** have now gone live <u>- click here</u> to access details and dates of all online workshops. Quick links to upcoming workshops:

22 & 24 September Emergency contraception

25 & 30 September Depression: having meaningful conversations - focal point

23 September Valproate: the hard conversations - focal point

18 & 29 September Optimising infection management

21 September Preparing to train as an independent prescriber (you can access e-course via your learning record)

23 September Mental health and wellbeing in primary care

24 September Supporting people living with dementia

30 September The Mental Capacity Act 2005 and covert administration of medicines

### New face-to-face event focusing on weight management medicines

We are delighted to launch our new style workshop which will be focusing on prescribing perspectives.

Pharmacy professionals are increasingly central to the safe and effective supply of weight management medicines. <u>Prescribing perspectives: a focus on weight management</u> is designed to support them in delivering structured, person-centred consultations. The programme is open to pharmacists, pharmacy technicians and trainee pharmacists, and is relevant whether medicines are supplied via independent prescribing or under a Patient Group Direction.

Before the live workshop, participants complete a self-directed e-course and a self-assessment based on the Royal Pharmaceutical Society Framework for all prescribers, helping them focus on individual learning needs. In the workshop, they will practise encouraging patient storytelling, asking targeted questions, documenting accurately and working through a clinical conundrum before learning the real consultation outcome.

Peer networks are a key feature. Learners will analyse a peer debrief, consider how to actively support colleagues, and reflect on improving service quality in their own settings. After the workshop, online discussion boards provide space to share resources and ideas to enhance weight management medicines services.

By the end, participants will have developed a structured approach to consultations, improved documentation, and built professional networks for ongoing development.

Dates and locations for workshops taking place across the East of England region are listed below:



1



29 October 2025 – University of Suffolk, Ipswich

4 November 2025 – Hertfordshire Sports Village, Hatfield

12 November 2025 – University of East Anglia, Norwich

13 January 2026 - Anglia Ruskin University, Chelmsford

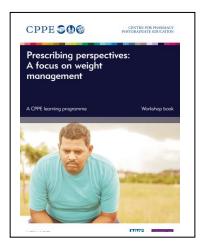
10 February 2026 – Cranfield University

12 March 2026 - Hertfordshire Sports Village, Hatfield

17 March 2026 - Anglia Ruskin University, Chelmsford

18 March 2026 – Brampton Park Golf Club, Huntingdon

# Book a place on a workshop here



We are aware that trainee (foundation) pharmacists are having difficulties booking the workshop. Any trainee pharmacist can book a place by contacting a regional tutor who will add them manually to the workshop booking. The regional tutors are <a href="mailto:zara.mehra@cppe.ac.uk">zara.mehra@cppe.ac.uk</a> and <a href="mailto:nicki.joy@cppe.ac.uk">nicki.joy@cppe.ac.uk</a>

Trainee pharmacists will be asked for the following information:

- 1. Name
- 2. GPhC number
- 3. Email address
- 4. Mobile phone number
- 5. The Prescribing perspectives workshop date and workshop ID number that they want to book on
- 6. Their acceptance of the CPPE cancellation policy and confirmation that they are aware that they will be charged a cancellation fee or no-show fee except for exceptional situations.

#### What's New at CPPE?

Changes to the NHS Pharmacy Contraception Service (PCS).

On 31 March 2025, Community Pharmacy England published changes to the community pharmacy contract in the Briefing 010/25: Funding Settlement for 2024/25 and 2025/26 which will impact on the NHS Pharmacy Contraception Service.

- Subject to IT developments, emergency hormonal contraception will be added to the PCS.
- Suitably trained and competent pharmacy technicians will also be able to provide the service, supporting greater use of skill mix by pharmacy owners, where that fits within their business plans.

We are in the process of updating the CPPE contraception portfolio to reflect these changes. We may need to update further when the national PGDs and service specification for the PCS is updated.





# NHS Pharmacy Contraception Service- delivering effective consultations to initiate contraception.

At the time of writing, there were still a few spaces available for the next regional face-to-face event taking place in Welwyn.

Location: The View, located in Panshangar Golf Club, Herts, AL7 2ED

Date: 17 September 2025

Time: 7.00-9.00pm Tutor: Zara Mehra

Guest speaker: Community pharmacist Bhavin Patel

Book a place

A further live discussion panel webinar is going to be planned for November 2025. The previous panel discussions from February, March and June 2025 have all been recorded and are available to listen to <a href="https://here.">here</a>. The webinars included representatives from NHSE, Community Pharmacy England (CPE) and pharmacists delivering the contraception service to answer any questions that were raised during the face-to-face workshops that link to best practice service delivery. They also share hints and tips and signpost to useful learning resources.

### New programmes coming soon.

| Topic   | Programme format              | Planned launch date |
|---|-------------------------------|---------------------|
| Respiratory clinical assessment skills  | Face-to-face workshop         | September 2025      |
| Review and update of the New medicines service (NMS) and Sexual health in pharmacies learning programme | e-learning                    | November 2025       |
| Support for prescribers – extending scope of practice   | e-course plus online workshop | November 2025       |

#### **NEW Leadership cohorts – applications still open**

Applications for the Autumn cohorts of our <u>Leading for change programme</u> – cohorts 5 and 6 start October 6<sup>th</sup>.

Applications for the <u>CPhO's pharmacy leaders development programme</u>, starting October 2025, are still open. Only 30 places are available.





### Extended programmes to develop skills.

#### • Newly Qualified Pharmacist Programme

Cohort 9 will start on 3 November with bookings now live. Applications close on 31 October 2025. You can find out more here.

#### Community pharmacy technician: advancing your role programme

This programme is continuing in 2025/26 and is open to all pharmacy technicians currently working in community pharmacy and the Health and Justice sector. The programme includes face-to-face and online workshops, as well as a self-directed e-course. It's a great way to develop your skills and confidence in delivering effective clinical services, guided by your specific learning needs and the support of a highly skilled CPPE education supervisor. To speak to us about the programme, email <a href="mailto:info@cppe.ac.uk">info@cppe.ac.uk</a> and ask for our CPT-AYR team.

### **Primary Care Pharmacy Education Pathway (PCPEP)**

Whether you work in a GP practice, care home, Health & Justice, or the Armed Forces, the *PCPEP* programme can help you build the clinical, consultation and leadership skills needed to excel in a multidisciplinary primary care team. The next cohort starts 01 September 2025. A few spaces are still available here.

#### Pharmacy technician impact groups

These sessions also complement the Pharmacy technicians: enhancing your professional practice ecourse, helping pharmacy technicians apply their learning in a real-world context with the support of peers and experienced facilitators. The next cohort (group 16) will run from November 2025. Find out more and book your place: <a href="https://www.cppe.ac.uk/career/impactgroups">https://www.cppe.ac.uk/career/impactgroups</a>

### Celebrating diversity

Every month, we publish an article on the <u>CPPE news page</u> of our website, celebrating diversity and highlighting how forthcoming celebrations, festivals or observances can impact on pharmacy practice. The Sept 2025 article includes raising awareness of World Suicide Prevention Day, World Alzheimer's Month and World Alzheimer's Day, and International Week of the Deaf.

Read the **Sept article**.

## **CPPE Pharmacy conversations**

In this latest episode of CPPE Pharmacy Conversations, hosts Hayley Berry and Alison Butt explore the crucial and evolving topic of sustainable healthcare with two expert guests: Nuala Hampson, lead pharmacist at the Centre for Sustainable Healthcare, and Sharon Phleger, consultant in pharmaceutical public health at NHS Highland.



4



Whether you're new to sustainability or looking to deepen your practice, this conversation encourages pharmacy professionals to "put on their green goggles" and consider how everyday decisions can support both human and planetary health.

### **RPS Advanced Credentialing Support programme**

Are you a pharmacist working at an advanced level of practice? We're excited to announce up to 10 fully funded places in the September cohort of the RPS Advanced Credentialing Support Programme!

Successful candidates who complete the RPS ePortfolio assessment will be credentialed as an Advanced Pharmacist, formally recognising your expertise and equivalence to the Advanced Clinical Practitioner (ACP) level.

<u>Find out more</u>, or apply now <u>via the Centre for Advancing Practice</u>. Send any questions to emma.wright@cppe.ac.uk

