

Minor Injury Units – Ely, Doddington & Wisbech

Quick Reference Guide

Referral Guidance:

- **Clinicians:** You may refer patients directly to MIU **only when your clinical triage confirms suitability** and documented in patient notes
- **Non-clinical staff:** Direct patients to NHS 111 for clinical triage. If appropriate, they will be booked into MIU via direct booking
- **All staff:** Ensure all patient interactions and treatments are **clearly documented** and accessible to the MIU Team
- **Ambulance service:** Must prior phone MIU and confirm acceptance of patient and clinical handover will be expected on arrival

Condition	Inclusion Criteria	Exclusion Criteria	Other constraints/information
Head Injuries	The service can assess, and definitively treat / discharge patients with <u>simple</u> head injuries subject to the constraints detailed	<ul style="list-style-type: none"> • Children under 2 years • Loss of Consciousness • Vomiting • On Anticoagulant medication 	The service follows the NICE Guidance for Head Injuries that would require CT scan these patients must be referred to A&E www.nice.org.uk/guidance/cg176
Musculoskeletal Injuries	<p>The service can X-ray adults and children aged 2 and over in the following categories:</p> <ul style="list-style-type: none"> ◆ <u>Upper Limb:</u> (clavicle, shoulder, upper arm, elbow, forearm, wrist hand / fingers) ◆ <u>Lower Limb:</u> (knee, lower leg, ankle, and foot / toes) <p>Assessments of Back & Chest Injuries only without a major traumatic mode of injury</p>	<ul style="list-style-type: none"> • Request x-rays for injuries over 4 weeks • Request X-rays for children aged under 2 years of age at any time. • Request X-rays for Backs or Chest/ Ribs/Hips/Pelvis • Long term conditions • No injury or trauma reported • X-rays from other services and manage the patient that has been seen elsewhere 	<p>Major Trauma should be referred to A&E at the acute hospital</p> <p>The service cannot provide assessment and management of chronic musculoskeletal conditions. Or order scans or make Physiotherapist referrals</p> <p>Back pain - we can assess for red- flags and give initial analgesia only</p> <p>All patients will need to be assessed and examined by the MIU Practitioners to determine if an X-ray is clinically required, we do not X-ray on the request of other health professionals.</p>

Condition	Inclusion Criteria	Exclusion Criteria	Other constraints/information
Urinary Tract Infections	The service can provide assessment and <u>first-line</u> treatment, for female patients (between the ages of 16-64)	<ul style="list-style-type: none"> • Cannot treat male patients of any age with suspected UTI or • Can not treat female patients under 16 years or over the age of 64 • We do not offer a urinalysis urine dip 	Urine sample for over 65s and males must be sent by GP practice We cannot send samples off to the Lab from MIU
Skin	<p>The service provides comprehensive assessment and treatment, including suturing, for <u>acute</u> traumatic wounds, bites/stings, minor burns/scalds</p> <p>We will only review wounds that MIU have asked to return i.e. Burns, trauma wounds</p>	<ul style="list-style-type: none"> • Children under 2 years • routine re-dressings – Long term, post operative and compressions bandages • Do not remove sutures, steri strips etc • Assess/treat patients with raised Sepsis markers • Rashes 	<p>Patients with wounds where there is any suspicion of injury to significant underlying structures (e.g., tendons/ligaments/nerves) should be referred directly to an appropriate secondary care A&E/specialist team</p> <p>The service can provide emergency tetanus vaccination and tetanus immunoglobulin but not routine periodical tetanus vaccination</p>
Simple Infections	<p>The service can provide assessment and first-line treatment of patients with:</p> <ul style="list-style-type: none"> ◆ Sore throat ◆ Earache ◆ Simple Wound infections 	<ul style="list-style-type: none"> • Children under 2 years • Chronic/long term ENT that may need referral to secondary care • We cannot see/ treat anyone that has already recently been treated for simple infections with Antibiotics • Long term infections 	<p>No Chest X-rays can be requested</p> <p>No Chest pain</p> <p>We do not see or treat chest infections – so <u>NO</u> assessment will be carried out.</p>
Abdomen	The service can provide an assessment of the abdomen for UTI assessments only	<ul style="list-style-type: none"> • Children under 2 years • No acute abdomen's that require ED assessment • Long term conditions or long pain 	Please note the service will refer to appropriate secondary care or GPs.

Ophthalmic Conditions	<p>The service can provide assessment of ophthalmic conditions such as:</p> <ul style="list-style-type: none"> ◆ Red eye ◆ Suspected Foreign Body/ scratches ◆ Injuries ◆ Corneal abrasion 	<ul style="list-style-type: none"> • Children under 2 years 	<p>Conjunctivitis – The service can see but we only advice OTC medication</p> <p>Referrals to secondary care ophthalmic centres can be made</p>
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<p>The service cannot provide assessment for the below:</p> <ul style="list-style-type: none"> ◆ Major Trauma – Fall from height, RTA high speed ◆ Cardiac issues/Chest pain/palpitations ◆ Wound dressings- long term/ routine dressings ◆ Treatment of Dental issues ◆ Pregnancy related issues ◆ Emergency Contraception ◆ Mental Health ◆ Overdose ◆ Self-Harm (superficial wounds can be assessed) ◆ Alcohol Problems ◆ Travel advice or vaccinations ◆ Repeat Prescriptions ◆ Fit to Work Notes/ School Letters ◆ Assessments for primary care before treatment can be given ◆ ECG's / BP checks 	<p>The service welcome enquiries from Primary Care and other services.</p> <p>If you wish to discuss any aspect of the management of an individual patient, please liaise with the shift Coordinator at the following sites: -</p> <ul style="list-style-type: none"> • Minor Injuries Unit – Ely - Tel: 01353 772500 (Option 8) • Minor Injuries Unit, Doddington- Tel: 01354 637078 (Option 7) • Minor Injuries Unit, Wisbech- Tel: 01945 468787 <p>*Please note X-ray Provision is provided by Northwest Anglia NHS Foundation Trust *</p>
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