





# Minor Injury Units – Ely, Doddington & Wisbech

## Quick Reference Guide for Clinical Staff only

### Referral Guidance:

- **Clinicians:** You may refer patients directly to MIU **only when your clinical triage confirms suitability** and documented in patient notes
- **Non-clinical staff:** Direct patients to NHS 111 for clinical triage. If appropriate, they will be booked into MIU via direct booking
- **All staff:** Ensure all patient interactions and treatments are **clearly documented** and accessible to the MIU Team
- **Ambulance service:** Must prior phone MIU and confirm acceptance of patient and clinical handover will be expected on arrival

Condition	Inclusion Criteria	Exclusion Criteria	Other constraints/information
<p>Head Injuries</p>	<p>The service can assess, and definitively treat / discharge patients with <u>simple</u> head injuries subject to the constraints detailed</p>	<ul style="list-style-type: none"> <li>• Children under 2 years</li> <li>• Loss of Consciousness</li> <li>• Vomiting</li> <li>• On Anticoagulant medication</li> </ul>	<p>The service follows the NICE Guidance for Head Injuries that would require CT scan these patients must be referred to A&amp;E (<a href="http://www.nice.org.uk/guidance/cg176">www.nice.org.uk/guidance/cg176</a>)</p>
<p>Musculoskeletal Injuries</p>	<p>The service can X-ray adults and children aged 2 and over in the following categories:</p> <ul style="list-style-type: none"> <li>◆ <u>Upper Limb:</u> (clavicle, shoulder, upper arm, elbow, forearm, wrist hand / fingers)</li> <li>◆ <u>Lower Limb:</u> (knee, lower leg, ankle, and foot / toes)</li> <li>◆ Trauma/ Injury within 4 weeks only</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Request x-rays for injuries over 4 weeks only and only after practitioner has clinical indication for requesting an X-ray</b></li> <li>• Request X-rays for children aged under 2 years of age</li> <li>• Request X-rays for Backs or Chest/ Ribs/Hips/Pelvis/ facial</li> <li>• Long term conditions or already known to a Health Professional/ specialist</li> <li>• X-rays from other services and manage the patient that has been seen elsewhere</li> </ul>	<p>Major Trauma should be referred to A&amp;E at the acute hospital</p> <p>The service cannot provide assessment and management of chronic musculoskeletal conditions. Or order scans or make Physiotherapist referrals</p> <p>All patients will need to be assessed and examined by the MIU Practitioners to determine if an X-ray is clinically required, we do not X-ray on the request of other health professionals.</p> <p>We only review X-rays and Treat/ Manage patients that have had X-rays within the MIU and do not manage patients that have been referred for an X-ray from other service</p>

Condition	Inclusion Criteria	Exclusion Criteria	Other constraints/information
 <p>Urinary Tract Infections</p>	<p>The service can provide assessment and first-line treatment, for female patients (between the ages of 16-64)</p>	<ul style="list-style-type: none"> <li>• Cannot treat male patients of any age with suspected UTI or urinary symptoms</li> <li>• Can not treat female patients under 16 years or over the age of 64</li> <li>• We do not offer a urinalysis</li> </ul>	<p>Urine sample for over 65s and males must be sent by GP practice We cannot send samples off to the Lab from MIU</p> <p>Only Urine Dip under NICE guidance and where clinically indicated</p>
 <p>Skin/ Wounds</p>	<p>The service provides comprehensive assessment and treatment, including suturing, Glue, strips, for <b>acute/ injury</b> wounds only</p> <ul style="list-style-type: none"> <li>• bites/stings,</li> <li>• minor burns/scalds</li> <li>• Removal of Foreign Body</li> </ul> <p>We will only review wounds that MIU practitioners have asked to return i.e. Burns, trauma wounds</p>	<ul style="list-style-type: none"> <li>• Children under 2 years</li> <li>• routine re-dressings – Long term, post operative and compressions bandages</li> <li>• Do not remove sutures, steri strips etc</li> <li>• Assess/treat patients with raised Sepsis markers</li> <li>• Rashes – We do not see/ treat</li> <li>• Deep and complex foreign body</li> </ul>	<p>Patients with wounds where there is any suspicion of injury to significant underlying structures (e.g., tendons/ligaments/nerves) should be referred directly to an appropriate secondary care A&amp;E/specialist team</p> <p>The service can provide emergency tetanus vaccination and tetanus immunoglobulin but <b>not</b> routine periodical tetanus vaccination this has to be following an injury/ trauma</p>
 <p>Minor Infections</p>	<p>The service can provide assessment and first-line treatment of patients with:</p> <ul style="list-style-type: none"> <li>◆ Sore throat</li> <li>◆ Earache</li> <li>◆ Paronychia</li> </ul>	<ul style="list-style-type: none"> <li>• Children under 2 years</li> <li>• Chronic/long term ENT that may need referral to secondary care</li> <li>• <b><u>We cannot see/ treat anyone that has already recently been treated with antibiotics or been seen in MIU for the same period</u></b></li> <li>• Long/ Chronic infections</li> </ul>	<p><b>No Chest X-rays can be requested</b> <b>No Chest pain / Dizziness / Palpitations</b></p> <p>We do not see or treat chest infections – NO_assessment / observations will be carried out.</p> <p>We do not treat / post Op/ long term infections</p> <p>Long term/ Chronic Cellulitis or if MIU is concerned will be directed back to GP for long term management</p>
 <p>Minor Ophthalmic Conditions</p>	<p>The service can provide assessment of ophthalmic conditions such as:</p> <ul style="list-style-type: none"> <li>◆ Suspected Foreign Body/ scratches</li> <li>◆ Injuries</li> <li>◆ Corneal abrasion</li> </ul>	<ul style="list-style-type: none"> <li>• Children under 2 years</li> <li>• Conjunctivitis</li> <li>• Long / Chronic</li> <li>• Extensive PMH of eye disease</li> </ul>	<p>Please refer to Pharmacy First for simple eye problems</p> <p>Referrals to secondary care ophthalmic centres can be made if required following a trauma/ injury</p>

**The service cannot provide assessment for the below:**

- ◆ Major Trauma – Fall from height, RTA high speed over 30mph
- ◆ Cardiac issues/Chest pain/palpitations
- ◆ Severe breathlessness
- ◆ Wound dressings- long term/ routine dressings
- ◆ Treatment of Dental issues
- ◆ Pregnancy related issues
- ◆ Emergency Contraception
- ◆ Mental Health
- ◆ Overdose
- ◆ Self-Harm (superficial wounds can be assessed)
- ◆ Alcohol Problems
- ◆ Travel advice or vaccinations
- ◆ Repeat Prescriptions
- ◆ Fit to Work Notes/ School Letters
- ◆ Assessments for primary care before treatment can be given by Primary Care
- ◆ ECG's / BP checks

The service welcome enquiries from Primary Care and other services.

If you wish to discuss any aspect of the management of an individual patient, please liaise with the shift Coordinator at the following sites: -

- **Minor Injuries Unit – Ely - Tel: 01353 772500 (Option 8)**
- **Minor Injuries Unit, Doddington- Tel: 01354 637078 (Option 7)**
- **Minor Injuries Unit, Wisbech- Tel: 01945 488068**

**Other useful Information:**

- **Please note that the service does operate a safe streaming process, this process is used when capacity has been reached, all patients will be signed posted and redirected**
- **The MIU's operate a patient only guidance, due to the size of the units, we do not have the capacity within the units/ waiting rooms. Parent and Registered Carers are permitted with the patient**
- **The MIU do carry out a screening process at the reception desk to ensure that all patients are suitable for MIU**

**Please note X-ray Provision is provided by Northwest Anglia NHS Foundation Trust \***